



## MAY ACTIVITIES SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1) <b>GOSPEL IS ALIVE! CONCERT</b> (off campus) 9:30-12pm	2) <b>BAKE SALE!</b> 10-12pm  Music w/ Nancy 10-11am	3) <b>SBP Presentation</b> 9:30-10:30am  GHP Drama 10:30-11:30am  Piano Concert Charlie Miller 12-1pm	4) Spanish 9:30-10:30am  Gym Class 10:30-12pm  EATsmart Program 12:30-1:30pm	5) <b>Weatherization Program Presents</b> 9:30-10:30am  BINGO! 10:30-11:30am  Book Club 12-1pm
8) Meditation 9:30-10:30am  Tai Chi 10:30-11:30am  GLADEWAVES LUNCHEON 12-1pm	9) Music w/ Nancy 10-11am  Gym Class 11-12:30pm  EATsmart Program 1-2pm	10) <b>Legal Aid Hurricane Prep</b> (sign up only) 10-1pm  GHP Drama 10:30-11:30am	11) Spanish 9:30-10:30am  Gym Class 10:30-12pm	12) Meditation 9:30-10:30am  BINGO! 10:30-11:30am  Book Club 12-1pm
15) Meditation 9:30-10:30am  WALMART (off campus) 10:30-1:30PM	16) Music w/ Nancy 10-11am  Gym Class 11-12:30pm  Computer Essentials 1-2pm	17) BEI Trivia 9:30-10:30am  GHP Drama 10:30-11:30am  Computer Essentials 12-1pm	18) Spanish 9:30-10:30am  Gym Class 10:30-12pm	19) Meditation 9:30-10:30am  BINGO! 10:30-11:30am  Book Club 12-1pm  Art Therapy 1-2pm
22) Meditation 9:30-10:30am  Tai Chi 10:30-11:30am  Walking w/ June 12-1:30pm	23) Music w/ Nancy 10-11am  Gym Class 11-12:30pm  Computer Essentials 1-2pm	24) GHP Drama 9:30-10:30am  DOLLAR TREE (off campus) 10:30-1:30pm	25) Spanish 9:30-10:30am  Gym Class 10:30-12pm	26) <b>SENIOR FEST!</b> (off campus) 9:30-1pm
29) <b>KINSHIP CLOSED MEMORIAL DAY</b>	30) Music w/ Nancy 10-11am  Gym Class 11-12:30pm  Computer Essentials 1-2pm	31) BEI Trivia 9:30-10:30am  GHP Drama 10:30-11:30am  Computer Essentials 12-1pm		

\* Everyone entering the center **must wear a mask, at all times.** Temperatures will be taken upon entry.

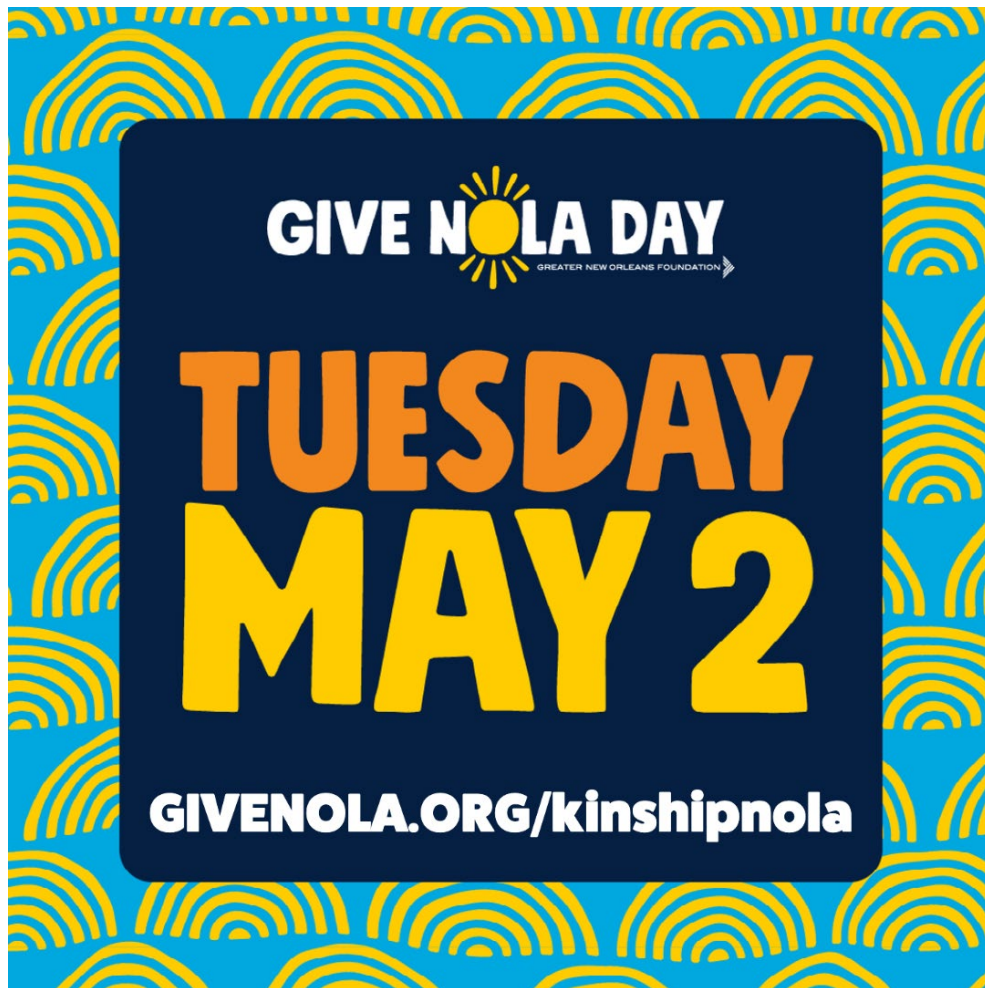
**HOT LUNCH Monday-Friday**

**MAY 2<sup>nd</sup> is GIVE NOLA DAY and Kinship is hosting a BAKE SALE!**

Come by the center from **10am-12pm on Tuesday May 2<sup>nd</sup>** for delicious home baked treats.

In addition to our bake sale, you can donate for Give Nola Day in person  
or by going to **GIVENOLA.ORG/kinshipnola**.

Early giving has already started, so donate to Kinship today!



In celebration of May being Older Americans Month, the New Orleans Council on Aging will once again host the **2023 SENIOR FEST! On Friday May 26<sup>th</sup> from 9am-1pm** come by the **NORD Joe W. Brown Park Recreation Center** to enjoy a day of fun activities and celebration! This year's theme is **Aging Unbound**. With this theme, we can explore an array of aging experiences without being boxed in by expectations and stereotypes. As we look at the positive aspects of growing older, we all have a role in combating ageism, and understanding how we all benefit when older adults remain engaged, independent, and included in their communities. **Advance registration is required for the event, and a \$5 donation is being asked per ticket. Please call in advance to reserve your tickets for Senior Fest.** Tickets are required, and you must reserve your tickets by **Friday, May 12th, by Noon**.