


NOVEMBER 2024 ACTIVITIES SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p align="center">CALENDAR KEY</p> <p align="center">Off-Campus members/staff leave for the day</p> <p align="center">Special Activity new/unique programming</p> <p align="center">*Schedule is subject to change* *Please call ahead*</p>				<p>1</p> <p>Coffee Talk 9:30-10:00am</p> <p>Meditation 10:00-11:00am</p> <p>BINGO! 11:00am-12:00pm</p>
<p>4</p> <p align="center">CHOIR REHEARSAL (Off- campus)</p>	<p>5</p> <p align="center">Closed for ELECTION DAY!</p>	<p>6</p> <p align="center">WALMART (Off- campus)</p>	<p>7</p> <p>Coffee Talk</p> <p>Spanish Class 9:30-10:30am</p> <p>Quilting 10:30-11:30am</p> <p>Anew Fitness 11:30am-12:30pm</p>	<p>8</p> <p align="center">Breakfast with NOAGE 10:00am</p> 
<p>11</p> <p align="center">CHOIR REHEARSAL (Off- campus)</p>	<p>12</p> <p align="center">FARMER'S MARKET (Off- campus)</p>	<p>13</p> <p>Coffee Talk 9:30-10:00am</p> <p>Chair Yoga 10:00-11:00am</p> <p>Free Time/ Games 11:30-12:30pm</p>	<p>14</p> <p>Coffee Talk</p> <p>Special Seasonal Crafts 9:30-11AM</p> <p>Anew Fitness 11:30am-12:30pm</p>	<p>15</p> <p>Coffee Talk 9:30-10:00am</p> <p>Meditation 10:00-11:00am</p> <p>BINGO! 11:00am-12:00pm</p>
<p>18</p> <p align="center">CHOIR REHEARSAL (Off- campus)</p>	<p>19</p> <p>Coffee Talk 9:30-10:00am</p> <p>Field Trip to ADEN Program Dessert and Music!</p>	<p>20</p> <p>Coffee Talk 9:30-10:00am</p> <p>Free Time/ Games 10:00-11:30am</p> <p>Gladewaves Luncheon 11:30-12:30pm</p>	<p>21</p> <p>Coffee Talk</p> <p>Spanish Class 9:30-10:30am</p> <p>Quilting/Knitting 10:30-11:30am</p> <p>Anew Fitness 11:30am-12:30pm</p> <p>NO VAN SERVICE</p>	<p>22</p> <p>Coffee Talk 9:30-10:00am</p> <p>Meditation 10:00-11:00am</p> <p>BINGO! 11:00am-12:00pm</p> <p>NO VAN SERVICE</p>

**THANKSGIVING
BREAK**

HOT LUNCH Monday-Friday

SPECIAL EVENTS!

Join us on Wednesday, November 20th as we host one of our senior community's most beloved events—a Gladewaves luncheon! Gladewaves' senior outreach program hosts a monthly free luncheon and lecture series for senior citizens in metro New Orleans from September to June. The program offers a friendly atmosphere for anyone over 55 to enjoy a hot meal and listen to guest speakers on various topics.



noage

New Orleans Advocates
for LGBTQ+ Elders

We're so grateful to our community partners at NOAGE for all the great work they do! On Friday, November 8th, Jim Meadows, Executive Director of NOAGE, will join us for breakfast to teach us more about the org & all they do to serve LGBTQ+ Elders in our community. Don't miss out on this opportunity to learn more and get to know our neighbors!

On Tuesday November 19th, we'll be visiting the Aden program once again for a music and dessert soirée! Kinship seniors will join the members at Aden for music and songs led by our music instructor, Nancy Healan, and enjoy fall desserts provided by Comm Care Co. The Aden Program offers social engagement and activities for those with memory impairment, and provides peace of mind for their caregivers.

