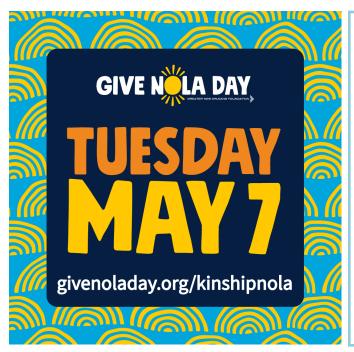


## MAY 2024 ACTIVITIES SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CALENDAR KEY  Off-Campus  members/staff leave for the day		1 Coffee Talk 9:30-10:30am	2 SUNO Graduation Party & Giveaways!	3 Coffee Talk 9:30-10:00am
Special Activity new/unique programming  *Schedule is subject to change* *Please call ahead*		WALMART (off-campus)	9:30-11:30am  Anew Fitness 11:30am-12:30pm	Meditation 10:00-11:00am BINGO! 11:00am-12:00pm
6 Coffee Talk 9:30-10:00am	7 Coffee Talk 9:30-10:00am	8 Coffee Talk 9:30-10:30am	9 Coffee Talk 9:15-9:30am	10 Coffee Talk 9:30-10:00am
MID CITY ZEN (off-campus)	Music w/ Nancy & Quilting 10:00-11:00am Exercise w/ Camille 11:00-12:00pm	Piano Concert w/ Charlie Miller 10:30-11:30am	Spanish Class 9:30-10:30am Quilting/Knitting 10:30-11:30am Anew Fitness 11:30am-12:30pm	Meditation 10:00-11:00am Mother's Day w/ Oak Street Health 11:00am-12:00pm
13 Coffee Talk 9:30-10:30am	14 Coffee Talk 9:30-10:00am	15 Coffee Talk 9:30-10:30am	16 Coffee Talk 9:15-9:30am	17 Coffee Talk 9:30-10:00am
<b>Tai Chi</b> 10:30-11:30am	Music w/ Nancy & Quilting 10:00-11:00am	May Flowers Arts & Crafts! 10:30am-11:30am	Spanish Class 9:30-10:30am Quilting/Knitting 10:30-11:30am	Meditation 10:00-11:00am
Meditation 11:30am-12:30pm	Games/Trivia 11:00-12:00pm	<mark>Yeah! Yoga</mark> <mark>Chair Yoga</mark> 11:30am-12:00pm	Anew Fitness 11:30am-12:30pm	BINGO! 11:00am-12:00pm
	21 Coffee Talk 9:30-10:00am	22 Coffee Talk 9:30-10:30am	23 Coffee Talk 9:15-9:30am	24 Coffee Talk 9:30-10:00am
CENTER	Music w/ Nancy & Quilting 10:00-11:00am	Pharmacist Talk: Medication Education 10:30-11:30am	Spanish Class 9:30-10:30am Quilting/Knitting 10:30-11:30am	SENIOR FEST (off-campus)
0.7	NOLA Ready Presentation 11:00-12:00pm		Anew Fitness 11:30am-12:30pm	01
27 MEMORIAL DAY	28 Coffee Talk 9:30-10:00am	29 Coffee Talk 9:30-10:30am	30 Coffee Talk 9:15-9:30am	31 Coffee Talk 9:30-10:00am
CENTER CLOSED	Music w/ Nancy & Quilting 10:00-11:30am	DOLLAR TREE (Off- campus)	Spanish Class 9:30-10:30am Quilting/Knitting 10:30-11:30am	Meditation 10:00-11:00am BINGO!
	Games/Trivia 11:00-12:00pm	, 5 5 3 15 5 5	<mark>Anew Fitness</mark> 11:30am-12:30pm	11:00am-12:00pm

## **ANNOUNCEMENTS**



Now in its 11th year, GiveNOLA Day is a 24-hour event hosted by the Greater New Orleans Foundation. Together, let's inspire people to give generously so that we can make our region stronger and create a thriving community for all.

Early giving is open if you want to give but don't want to wait!

Visit givenoladay.org/kinshipnola to show your support!

## **CONGRATS TO OUR EXECUTIVE DIRECTOR!**

Kinship's Executive Director completed the Executive Director Intensive program through the Greater New Orleans Foundation!

Executive Director Intensive, one of the Foundation's Nonprofit Leadership & Effectiveness cohort programs, supports executive directors across southeast Louisiana by providing the timely, relevant training and networks of support they need to succeed.

Learn more at gnof.org/nonprofits

